



NO SHOPPING STOP

无购物站

NO COMPULSORY
OPTIONAL

无强制性自费

9D Let's Go Daocheng Yading, Mount Siguniang & Xinduqiao



EXCLUSIVE

- Visit "The Eastern Alps" - Mount Siguniang
- Suopo Watchtowers (UNESCO) - Experience Danba's reputation as the "Kingdom of a Thousand Watchtowers"
- Daocheng Yading - The Last Pure Land on the Blue Planet



HIGHLIGHTS

- **Mount Siguniang:** Maoniliang Viewing Platform, Shuangqiao Valley Tour
- **Danba:** Suopo Watchtowers (UNESCO), Jiajue Tibetan Village (view from a distance)
- **Garze (Ganzi):** Tagong Grassland, Tagong Monastery
- **Yajiang:** Hengduan Mountains, Jianziwan Mountain, Kazila Mountain, Ten thousand Mu of poplar forest
- **Daocheng:** Chitu River, Changqingchunke'er Monastery, Tongle Ancient Town, Tuer Mountain, Haizi Mountain, Rhododendron Canyon, Bowa Mountain, Litang Grassland
- **Yading:** Yading National Nature Reserve, Chonggu Temple, Luorong Cattle Farm, Yading Scenic Area, Blue Moon Valley
- **Kangding:** Kangding Love Song Square
- **Chengdu:** Kuanzhai Alley



ACCOMMODATIONS

- Local 4-star / 5-star Hotels



MEALS

- 8 Breakfast | 6 Lunch | 5 Dinner



Shuangqiao Valley Tour | 双桥沟游览

DAY 01

SINGAPORE > CHENGDU

- Gather at Singapore Changi Airport and board the flight to Chengdu, the capital of Sichuan. Upon arrival, transfer to the hotel for rest.

Accommodation: Tianfu Holiday Inn Express or similar

DAY 02

CHENGDU - MT. SIGUNIANG SCENIC AREA - RILONG

Breakfast | Lunch | Dinner

- **Altitude: 480 - 3800m**
- **Maoniliang Viewing Platform** - Enjoy a panoramic view of Mount Siguniang and the beauty of Guozhuangping.
- **Shuangqiao Valley Tour** - Take a sightseeing bus to the highest point, Hongshengping (altitude 3840m). From there, enjoy a combination of bus and walking tour, including Yin Yang Valley, Wuse Mountain, Sun and Moon Treasure Mirror, Ginseng Fruit Flat, Sea Buckthorn Forest Trail, Nian Fish Dam, Hunter Peak, Niupengzi, Niuxin Mountain, Abishan Mountain, and Wild Man Peak.

Accommodation: New Siguniang Mountain Resort Jinlin Building or similar

DAY 03

RILONG - DANBA - TAGONG - YAJIANG

Breakfast | Lunch | Dinner

- **Altitude: 3200-2400m**
- **Suopo Watchtowers** - A UNESCO World Cultural Heritage site and a chance to experience Danba's reputation as the "Kingdom of a Thousand Watchtowers."
- **Jiajue Tibetan Village** - Known as the "Fairy Tale World," Jiajue Tibetan Village offers a view of the unique customs, architecture, and culture of the Jiarong Tibetan people. It is also famous for the enchanting "Beauty Valley." **(View from a distance)**
- **Tagong Grassland** - Visit the golden memorial tower dedicated to the 10th Panchen Lama.
- **Tagong Monastery** - A renowned monastery of the Sakya sect of Tibetan Buddhism (Flower Sect). Visit the statue of Juewo Buddha and learn about the rich and diverse religious culture of the Tibetan region.

Accommodation: Yaxi Hotel or similar

DAY 04

YAJIANG - DAOCHENG - SHANGRI-LA TOWN

Breakfast | Lunch | Dinner

- **Altitude: 2400-2900m**
- After breakfast, enjoy the picturesque views of the yellow Tibetan houses, rolling highland meadows, and farmhouses along the route.
- Pass by the roaring Yalong River, enter the dense Hengduan Mountains, and learn about the famous Yalong River Marriage Canyon. Cross the Jianziwan Mountain Tunnel, then **ascend to Kazila Mountain** (4718m) and enter **Litang's vast grassland**, home to Litang (4014m), known as the "Highest City in the World."
- Visit **Changqingchunke'er Monastery** and **Tongle Ancient Town** (4000m). Continue the journey, passing through Tuer Mountain (4559m) and Haizi Mountain (4675m). Photograph the beautiful poplar forest in full bloom, cross Bowa Mountain, and **enter the Rhododendron Canyon via Chitu River**.
- In the evening, arrive in Shangri-La Town (2900m), check in, and rest to acclimatize to the high-altitude climate.

Accommodation: Yading Holiday Inn Express or similar



Suopo Watchtowers | 梭坡碉楼



Changqingchunke'er Monastery | 长青春科尔寺

DAY 05

SHANGRI-LA TOWN - YADING SCENIC AREA

Breakfast | Lunch | Dinner

- **Altitude: 2900-4000m**
- Begin the day with breakfast in Daocheng before departing for the **Yading Scenic Area**. Take a 1-hour sightseeing vehicle ride into the Yading Nature Reserve.
- Visit the thousand-year-old **Mani Piles** and **Zhaganbeng**, then explore **Chonggu Temple**, located in the **Blue Moon Valley**.
- Take a 40-minute electric vehicle ride through the original forest, Sacred Water Gate, and 500 Arhat statues to reach **Luorong Cattle Farm**. Enjoy stunning wildlife, alpine flowers, snow-capped mountains, forests, glaciers, lakes, and rivers while admiring the sacred mountains Xianuoduoji (5958m) and Yangmaiyong (5958m).
- Return to Chonggu Temple by electric vehicle and proceed to the short route, walking to **Zhuomala Lake** (Pearl Sea) to view the sacred **mountain Xiannairi** (6023m) and the picturesque **meadows of Chonggu**.
- Conclude the visit and return to Shangri-La Town.
- ***Note: Due to limited conditions at Yading Scenic Area, lunch will be served at the Luorong Cattle Farm service station (self-service buffet, or if unavailable, self-heating rice).**

Accommodation: Yading Holiday Inn Express or similar

DAY 06

SHANGRI-LA TOWN - XINDUQIAO

Breakfast | Lunch | Dinner

- **Altitude: 3700-3300m**
- Head towards Daocheng Valley.
- Capture the scenic beauty of **Poplar Forest**, **Red Grassland**, **Tibetan-style houses**, **highland pastures**, **temples**, and **Mani prayer flags**.
- Cross **Haizi Mountain**, marveling at the largest ancient glacial relic on the **Qinghai-Tibet Plateau**.
- After lunch, journey across **Kazila and Jianziwan Mountains** with breathtaking views of the **Hengduan Mountain** range.
- Pass the **Yalong River**, explore **Rainbow Canyon**, and photograph **Muya Tibetan dwellings**.
- Cross the **Gaerzi Mountain Tunnel** to arrive at Xinduqiao and check into your hotel.

Accommodation: Yunding Starry Sky Hotel or similar

DAY 07

XINDUQIAO - KANGDING - CHENGDU

Breakfast | Lunch

- **Altitude: 2700-500m**
- After breakfast, follow the **Dadu River** downstream to Kangding.
- Visit the **Kangding Love Song Square** and have lunch.
- After lunch, travel along the **Kangding-Shangye Expressway**, appreciating the magnificent scenery of the **Xialang Mountain**.
- Pass through the "Rainy City" of Ya'an and learn about the famous "Three YAs" (Ya Women, Ya Rain, Ya Fish).
- Finally, return to Chengdu, the "Land of Abundance."
- Visit **Kuanzhai Alley** and then return to the hotel for rest.

Accommodation: Dorsett Hotel or similar

DAY 08

CHENGDU

Breakfast

- Enjoy a day of Chengdu citywalk. **(No guide/No tour vehicle)**
- Explore Chengdu at your leisure. You can visit the city's famous attractions, try local delicacies, or simply relax and enjoy the vibrant atmosphere of this dynamic city.

Accommodation: Dorsett Hotel or similar

DAY 09

CHENGDU > SINGAPORE

Breakfast

- Board your flight back home, bidding farewell to this beautiful country.

REMARKS

1. A minimum of 10 people is required for the group departure, and a tour leader will be provided for groups of 20 or more.
2. If there are adjustments to the flight schedule or itinerary sequence, the arrangements confirmed by the airline and the local travel agency in China shall prevail.
3. LGE Travel is not responsible for compensation if attractions cannot be visited due to weather, natural disasters, government actions, or other uncontrollable factors. Alternative attractions may be arranged as replacements.
4. The tour guide will primarily provide explanations in Mandarin unless otherwise specified. Groups on different flights may be combined into one group.
5. In case of discrepancies between the Chinese and English itineraries, the Chinese version will take precedence.
6. All hotel ratings are based on local standards. Triple rooms in hotels typically provide a folding extra bed, which may have limited conditions; your understanding is appreciated.



Chonggu Temple | 冲古寺



Rainbow Canyon | 彩虹峡谷

9天 四姑娘山稻城亚丁新都桥之旅



Tagong Monastery | 塔公寺

第一天

新加坡 > 成都

- 齐聚新加坡樟宜机场搭乘航班，前往四川首府成都。
- 抵达后，送往酒店休息。

住宿：天府智选假日酒店或同级

第二天

成都 - 四姑娘山景区 - 日隆

早餐 | 午餐 | 晚餐

• 海拔：480-3800m

- 猫鼻梁观景台 - 欣赏四姑娘山全景，锅庄坪风光。
- 双桥沟游览 - 乘坐观光车到达最高点红杉坪（海拔3840M），从上往下，观光车+步行结合，游览阴阳谷、五色山、日月宝镜、人参果坪、沙棘林栈道、撵鱼坝、猎人峰、牛棚子、牛心山、阿妣山、野人峰等。

住宿：新四姑娘山庄金林楼或同级

第三天

日隆 - 丹巴 - 塔公 - 雅江

早餐 | 午餐 | 晚餐

• 海拔：3200-2400m

- 梭坡碉楼 - 世界文化遗产和领略丹巴“千碉之国”的美誉。
- 甲居藏寨 - 素有“童话世界”之称的甲居藏寨，远眺嘉绒藏族独特的民风民俗、建筑艺术，感受‘美人谷’的迷人魅力。（远眺）
- 塔公草原 - 为纪念十世班禅大师而修建的纯金制作的纪念塔。
- 塔公寺 - 藏传佛教萨迦派（花教）名寺，观赏沃佛像，了解丰富多彩的藏域宗教文化。

住宿：雅西酒店或同级

第四天

雅江 - 稻城 - 香格里拉镇

早餐 | 午餐 | 晚餐

• 海拔：2400-2900m

- 参观景点 - 新都桥、木雅民居、剪子湾山、理塘草原、兔儿山、海子山、万亩青杨林、赤土河、杜鹃峡谷、长青春科寺、通勒古镇（不含小景点门票）
- 早餐后，沿途欣赏黄色藏房、高山草甸与农田村舍的美景，经雅江进入横断山区，了解雅砻江走婚大峡谷。穿越剪子湾山隧道，经卡子拉山抵达理塘毛垭大草原（4014M）。午餐后参观长青春科寺和通勒古镇，翻越兔儿山、海子山，拍摄青杨林，途经杜鹃峡谷。傍晚抵达香格里拉镇（2900M），入住酒店适应高原气候。

住宿：亚丁智选假日酒店或同级

第五天

亚丁景区（洛绒牛场）

早餐 | 午餐 | 晚餐

• 海拔：2900-4000m

- 参观景点 - 亚丁自然保护区：长线（含观光车+电瓶车往返）短线（步行）冲古寺 - 洛绒牛场（电瓶车40分钟）- 冲古寺（电瓶车40分钟）

- 早餐后从稻城出发，乘观光车（1HR）进入亚丁自然保护区，游览千年嘛呢堆、扎灌崩和冲古寺。乘电瓶车至洛绒牛场，欣赏野生动植物、雪山、冰川等美景，近观夏诺多吉和央迈勇神山。返回冲古寺，步行至卓玛拉措，朝圣仙乃日神山，观冲古草甸全景。结束后返回香格里拉镇。

- *注意：亚丁景区条件有限，午餐在洛绒牛场服务站安排用景区自助餐。（如遇景区自助餐未开放营业，则更改为自热米饭）

住宿：亚丁智选假日酒店或同级

第六天

香格里拉镇 - 新都桥

早餐 | 午餐 | 晚餐

• 海拔：3700-3300m

- 沿途景观 - 海子山、理塘草原、剪子湾山、木雅民居、胡杨林、红草地、新都桥
- 早餐后，告别亚丁，沿稻城河谷欣赏醉人风光。拍摄胡杨林、红草地，观康巴民居、高山牧场、藏传佛教寺庙等景观，翻越海子山，感受青藏高原的古冰貌遗迹。午餐后，途经卡子拉山、剪子湾山，欣赏横断山脉森林风光，经雅砻江进入彩虹峡谷拍摄木雅藏居，穿越高尔寺山隧道，抵达新都桥入住酒店。

住宿：云顶星空或同级

第七天

新都桥 - 康定 - 成都

早餐 | 午餐

• 海拔：2700-500m

- 早餐后，顺大渡河而下，到达康定。游览康定情歌广场，午餐后，康定上雅叶高速，欣赏壮观的大小相岭风光。途经“雨城”雅安，了解著名的“三雅”雅女、雅雨、雅鱼，返回天府之国-成都。游览宽窄巷子，游览结束后回酒店休息。

住宿：帝盛酒店或同级

第八天

成都

早餐

- 自由活动天 - 享受一天成都 Citywalk。（不含导游/旅游车）

住宿：帝盛酒店或同级

第九天

成都 > 新加坡

早餐

- 告别这个美丽的国家，然后前往机场搭乘航班回家。

备注

1. 团体需要最少10人出发,20人以上有领队。
2. 若航班时间及行程顺序有调整,请以航空公司及中国当地接待旅行社确认安排为准。
3. 因天气、自然灾害及政府行为等不可抗拒的因素,造成不能完成景点游览,旅行社不负责赔偿或将以别的景点代替。
4. 导游全程会以华语讲解为主,除非另有注明。不同航班的团体可能合并成一团。
5. 中英文行程若出现不符之外,将以华文版本为依据。
6. 所有酒店评级均以当地标准。各地酒店的三人间均提供折叠加床,条件有限,敬请原谅。